

Next meeting

- \* Booklet of Commission members
- \* Dail's party - in May
- \* Put term dates in annual report from hand-outs
- \* Memo to Commission members re: dinner 4.21.90



A G E N D A

MAPLEWOOD HUMAN RELATIONS COMMISSION

Tuesday, March 6, 1990  
 7:00 p.m.  
 Maplewood City Hall  
 Conference Room B  
 (Police Department)

→ \* Draft of new 1990 goals to Karla for approval

\* Rewrite Essay Contest  
 It's to include  
 Corpor. & eliminate  
 savings bond.

Report  
 7:15 pm

- I. Call to Order Karla Sand
- II. Secretary's Report Carol Engel  
 Approval of Minutes 2-6-90
- III. Old Business
- IV. New Business
- V. Reports
  - A. Seniors and Others with Special Living Needs Scott Rostron
  - B. League of Human Rights Commission Pat Williamson
  - C. Black History Month Dawn Vassar
  - D. City of Maplewood Gretchen Maglich
  - E. Grievances
- VI. Working Session
  - A. Committee Structure/Purpose
  - B. Committee Membership/Reporting
  - C. Human Rights Breakfasts
  - D. Human Rights Award
  - E. Annual Report to City Council
  - F. Calendar of Events
  - G. Representative to Schools
  - H. Articles
    - 1. Language/Disabled Persons - Scott
    - 2. Questions/Interviews
    - 3. Others
- VII. Adjourn

Maplewood in Motion  
 Appendix C - Commission Brochure  
 no stock at CH

Education  
 ↓ (involvement w/ schools)  
 planning session  
 ↓  
 invite other 3 persons

## MINUTES

### MAPLEWOOD HUMAN RELATIONS COMMISSION

Tuesday, February 6, 1990

7:00 P.M.

Maplewood City Hall

#### Attendees:

Sr. Claire Lynch	Dawn Vassar
Paul Sand	Carol Engel
Scott Rostron	Mike McGuire
Karla Sand	Gretchen Maglich

#### Absentees:

Pat Williamson

1. MINUTES--M/S/A the minutes of the January 2, 1990 meeting.
2. OLD BUSINESS
  - A. Breakfast/lunch--As an alternative idea to the "bring a guest to breakfast" idea, Karla suggested short breakfast meetings featuring a speaker on an HR topic which would be open to the public.
  - B. Committees--There was discussion on forming committees on various topics including housing, racism (outreach and education), senior citizens/people with disabilities, students. Scott suggested that we form committees defined in functional terms. Dawn suggested that a committee or members of the commission should talk with students in the schools. The possibility of sending a letter to the student councils of the local middle schools and high schools asking for representatives was also raised. The matter of committees was tabled until the March meeting. Karla will check with the League or with other commissions for ideas on committee structure.
  - C. Annual Report--The commission made several changes to last year's annual report which is stored in the computer at city hall. Karla will submit the corrections/changes to the city so that we may review the draft at the next meeting.
  - D. Articles--A reminder to commission members that we want to keep the commission's name in the Maplewood Review. The suggestion was made that future articles might be tied to potential upcoming changes in the commission.
  - E. There was a quick review of the cable TV taping done by Scott, Pat, and Karla. We have a tape of the program for our files. Efforts by the commissioners to publicize Martin Luther King day were reviewed. The commission received a thank-you letter from Human Rights Award recipient Pat Svendsen.

. NEW BUSINESS

- A. Karla suggested that the commission consider sponsoring a Human Rights award for a high school senior. Tabled until March meeting.

4. REPORTS

- A. Scott reported that the Committee for Seniors and Others with Special Housing Needs had a get acquainted meeting in January. At their next meeting they will attempt to define what exists and put together a 1-2 year plan to develop a model of what needs to be done at the local level.

6. ADJOURN

## HUMAN RELATIONS COMMISSION

## TERMS

<u>MEMBER</u>	<u>APPOINTED</u>	<u>TERM EXPIRES</u>
Carol H. Engel (Replaced Sue Hoyt)	Jan., 1989 Jan., 1990	Dec., 1989 Dec., 1992
Sister Claire Lynch	1980 1984 Jan., 1989	1983 1987 Dec., 1991
Scott Rostron	1981 1985 Jan., 1989	1984 1988 Dec., 1991
Karla Sand	Feb., 1987 Jan., 1990	Dec., 1989 Dec., 1992
Paul Sand (Replaced John Prey)	1989	Dec., 1990
Dawn G. Vassar (Replaced Clemence Kwapick)	May, 1989	Dec., 1990
Patricia Williamson	1980 1984 1989	1983 1987 Dec., 1991

## IT'S THE 'PERSON FIRST' - THEN THE DISABILITY

What is the proper way to speak to or about someone who has a disability? In speaking or writing, remember that children or adults with disabilities are like everyone else -- except they happen to have a disability. Therefore, here are a few tips for improving your language related to disabilities and handicaps.

1. Speak of the person first, then the disability.
2. Emphasize abilities, not limitations.
3. Do not label people as part of a disability group -- don't say "the disabled"; say "people with disabilities."
4. Don't give excessive praise or attention to a person with a disability; don't patronize them.
5. Choice and independence are important. Let the person do or speak for him/herself as much as possible. If addressing an adult, say "Bill" instead of "Billy."
6. A *disability* is a functional limitation that interferes with a person's ability to walk, hear, talk, learn, etc. Use *handicap* to describe a situation or barrier imposed by society, the environment or oneself.

SAY . . .	INSTEAD OF ...	SAY . . .	INSTEAD OF . . .
Child with a disability	disabled or handicapped child	Has a physical disability	crippled
Person with cerebral palsy	palsied, or CP or spastic	Nondisabled	normal, healthy
Person who has ...	afflicted, suffers from, victim	Congenital disability	birth defect
Without speech, nonverbal	mute or dumb	Condition	disease (unless it is a disease)
Developmental delay	slow	Seizures	fits
Emotional disorder Mental illness	crazy or insane	Cleft lip	hare lip
Deaf or hearing impaired and communicates with sign	deaf and dumb	Mobility impaired	lame
Uses a wheelchair	confined to a wheelchair	Paralyzed	invalid or paralytic
Persons with retardation	retarded	Has quadriplegia (paralysis of both arms and legs)	quadriplegic
Person with epilepsy	epileptic	Has paraplegia (loss of function in lower body only)	paraplegic
With Down Syndrome	mongoloid	Of short stature	dwarf of midget
Has a learning disability	is learning disabled	(Additional guidelines are available from PACER.)	

- September, 1989 issue of PACER  
Center newsletter, The PACESETTER.

# Ethnic Calendar

## January

- 1 Haiti Independence Day
- 7 Eastern Orthodox Christmas Day
- 15 Martin Luther King's Birthday
- 25 Ukrainian Flag Raising
- 28 Chinese New Year

## February

- ATRO AMERICAN HISTORY MONTH**
- 8/14 Black History Week
  - 13 Lithuania National Day
  - 18/24 Brotherhood Week
  - 23 Armenian St. Vartan's Day
  - 24 Estonia National Day
  - 28 Ash Wednesday

## March

- 3 Bulgaria Independence Day
- 3 Japanese Girl's Day
- 4 World Day of Prayer
- 5 Black American Day
- 6 Ghana Independence Day
- 8 International Women's Day
- 10 Harriett Tubman Day
- 11 Taiwan Lantern Festival
- 17 St. Patrick's Day
- 19 St. Joseph's Day
- 20 Tunisia Independence Day
- 21 International Day of Elimination of Racial Discrimination
- 21 Naw Ruz (New Year Bahai Holy Day)
- 21 Benito Juarez Birthday
- 21 Earth Day
- 23 Pakistan Republic Day
- 25 Greek Independence Day
- 25 Japanese-American Week

## April

- 6 Mormon Church Founding Day
- 8 Buddha Day
- 8 Palm Sunday
- 8 Blessing of the Animals
- 8/14 Holy Week
- 12/19 Passover
- 13 Chad Independence Day
- 13 Laos New Year
- 14 Pan American Day
- 15 Easter Sunday
- 15 Easter Parade - Central Avenue
- 15 Hungary Independence Day
- 17 American Samoan Flag Day
- 17 Syrian Independence Day
- 20 Croatian Day
- 21 First Day of Ridvan (Bahai)
- 22 Eastern Orthodox Easter Sunday
- 22/28 National Volunteer Week
- 24 Armenian Martyrs Day
- 25 Portugal Day
- 27 Sierra Leone Independence Day
- 29 9th Day of Ridvan

## May

- 1/7 Festival of Nations (St. Paul)
- 1/7 HUMAN RELATIONS WEEK
- 1/10 Pacific Asian American Heritage Week
- 2 Israel Independence Day
- 2 12th Day of Ridvan
- 3 Poland Constitution Day
- 5 Cinco de Mayo
- 5 Japanese Boy's Day
- 12 American Indian Day
- 13 Mother's Day
- 13/19 Black Culture Awareness Week

- 17 Norway Constitution Day
- 20 Cuba Independence Day
- 22 Sri Lanka Republic Day
- 23 Dec of Bab (Bahai Holy Day)
- 24 Ascension Day
- 24 Laotian-American Heritage Day
- 25 African Freedom Day
- 25 Argentina National Day
- 25 Jordan Independence Day
- 27 Afghanistan Independence Day
- 28 Armenian Independence Day

## June

- 1/2 Shavout
- 1 Western Samoa (British) Independence Day
- 2 German Republic Day
- 2 Italy Republic Day
- 5 Denmark Constitution Day
- 10 Children's Day
- 10 Portugal National Day
- 10 Race Unity Day
- 12 Festival of Friendship
- 14 Flag Day
- 17 Father's Day
- 17 Iceland Independence Day
- 19 Juneteenth
- 23 Luxembourg Independence Day

## July

- 1 Canada Independence Day
- 1 Burundi Independence Day
- 1 Rwanda Independence Day
- 4 Philippine-American Friendship Day
- 4 USA Independence Day
- 5 Venezuela Independence Day
- 6 Malawi Independence Day
- 9 Argentina Independence Day
- 10 Bahamas Independence Day
- 11 National Czech Day
- 14 Bastille Day
- 15/21 Captive Nations Week
- 20 Colombia Independence Day
- 20 Moon Day
- 21 Belgium Independence Day
- 26 Liberia Independence Day
- 28/31 Peru Independence Celebration

## August

- 1 Switzerland National Day
- 1 Benin Independence Day
- 2 Bahamas Emancipation Day
- 3 Niger Independence Day
- 3/5 Festival in Black
- 6 Bolivia Independence Day
- 9 Singapore Independence Day
- 10 Ecuador Independence Day
- 11/12 Watts Festival
- 15 Korean Liberation Day
- 15 India Independence Day
- 17 Gabon Independence Day
- 17 Indonesia Independence Day
- 17 Ramadan (Muslim Festival)
- 18/26 39th Nisei Week
- 25 Uruguay Independence Day
- 26 Women's Equality Day
- 31 Malaysia Independence Day
- 31 Tobago Independence Day
- 31 Trinidad Independence Day

## September

- 1 Cherokee National Holiday
- 4 Los Angeles Birthday Celebration
- 6 Swaziland Independence Day
- 7 Brazil Independence Day

- 11/17 National Hispanic Heritage Week
- 12 Ethiopia National Day
- 13 Feria de los Niños
- 15 Costa Rica Independence Day
- 15 El Salvador Independence Day
- 15 Guatemala Independence Day
- 15 Nicaragua Independence Day
- 15/16 Mexican Independence Celebration (El Grito)
- 18 Chile Independence Day
- 18 World Peace Day
- 22 Rosh Hashanah
- 22 American Indian Day
- 23 Saudi Arabia Independence Day
- 30 Botswana Independence Day

## October

- 1 Yom Kippur
- 1 Nigeria Independence Day
- 2 Guinea Independence Day
- 3 Korean National Foundation Day
- 4 Lesotho Independence Day
- 5 Korea Chusok
- 5 Chinese Moon Festival
- 8 Columbus Day
- 9 Casa de Espana Celebration
- 9 Uganda Independence Day
- 10 China Republic Day (Double Ten Day)
- 10/17 NATIVE AMERICAN AWARENESS WEEK
- 11 Cyprus Independence Day
- 12 Dia de la Raza
- 24 United Nations Day
- 24 Zambia Independence Day
- 26 Austria National Day
- 28 Czech Flag Raising
- 29 Turkey Independence Day

## November

- 1 All Saints' Day
- 2 All Souls' Day
- 3 Panama Independence Day
- 10 Founding of Persian Empire
- 15 Brazil Republic Day
- 18 Latvia National Day
- 19 Brazil Flag Day
- 19 Sri Lanka Flag Raising
- 22 Lebanon Independence Day
- 22 Thanksgiving Day
- 22 Sojourner Truth Day
- 28 Mauritania Independence Day
- 29 Yugoslavia Independence Day
- 30 Barbados Independence Day
- 30 Benin National Day

## December

- 1 Republic of Central Africa Independence Day
- 5 Thailand National Day
- 5 Haiti Discovery Day
- 5 USSR Constitution Day
- 6 Finland Independence Day
- 6 Day of Quito (Ecuador)
- 9 Tanzania Independence Day
- 10 Human Rights Day
- 10/17 HUMAN RIGHTS WEEK
- 12 Kenya Independence Day
- 12 Guadalupe Day
- 13 Malta Independence Day
- 15/22 Chanukah
- 16/24 Las Posadas
- 25 Christmas Day
- 30 Rizal Day

November 24+25: Among New Year

December 26-January 1: Kwanzaa

2-28-90

MAPLEWOOD HUMAN RELATIONS COMMISSION

Sister Claire Lynch, Vice Chair  
2675 East Larpenteur Avenue  
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H: 777-8181 (Appt. 1-23-89)  
(Exp. 12-31-91)

Scott Rostron  
1211 East Skillman Avenue  
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W: 296-5085 (Appt. 1-23-89)  
H: 484-4984 (Exp. 12-31-91)

Karla Sand, Secretary  
382 South McKnight Road  
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W: 379-1370 (Appt. 2- -87)  
H: 739-7397 (Exp. 12-31-89)  
(Appt. 1- 8-90)  
(Exp. 12-31-92)

Pat Williamson, Chair  
145 Peik Hall  
159 Pillsbury Drive  
Minneapolis, MN 55455-0208  
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H: 738-6953 (Exp. 12- 1-91)

Paul O. Sand (Replaced John Prey)  
382 So. McKnight Road  
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H: 739-7397 (Exp. 12-31-90)

Carol H. Engel (Replaced Sue Hoyt)  
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W: (Appt. 1-23-89)  
H: 483-1483 (Exp. 12-31-89)  
(Appt. 1- 8-90)  
(Exp. 12-31-92)

Dawn G. Vassar (Replaced Clemence Kwapick)  
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W: (Appt. 5-22-89)  
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